Reclaim the Path

A 5-Session Live Coaching Program

You've evolved — but your life hasn't caught up yet. This live coaching program is your invitation to pause, reconnect with your inner compass, and begin realigning your life with who you've truly become.

- Discover the hidden beliefs and "shoulds" that shape your choices
- Reconnect with your inner compass and trust your yes/no
- Shift from high-functioning autopilot into alignment with your truth
- Step forward with clarity, courage, and ease

Bonus Gift with Registration

Coming Home to Yourself: A Journey of Safety, Boundaries & Compassion with Emely Alcina (she/her), RP, M.Ed, CCC — Registered Psychotherapist, Kind Therapy Ottawa

Meet Your Coach

Hi, I'm **Patricia Wallinger** — transformational coach for women navigating transitions. I created **Reclaim the Path** to help you pause, realign, and reconnect with the woman you've become.

✨ Starts September 10 ✨

powercenterpath.com/reclaim

POWER CENTER PATH
Transforming Beliefs, Empowering Women